



# Strengthen your cybersecurity posture

Essential exercises for CISOs and CIOs



**Equip your team with the knowledge and readiness to face cyber threats head-on.**

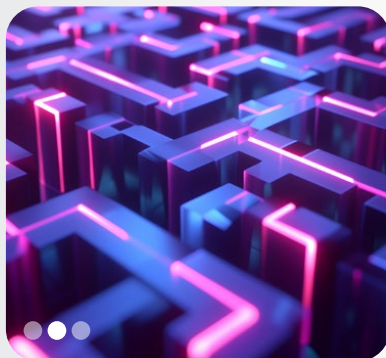
Our tailored cybersecurity exercises are designed to equip your team with the skills and knowledge needed to effectively respond to incidents, ensuring the safety and integrity of your digital assets and data.



## Response Readiness Exercise

Ensure your incident response plan is fit-for-purpose

[Learn more](#)



## Tabletop Exercise

Test and enhance your team's incident response efficiency

[Learn more](#)



## Crisis Simulation

Prepare your entire organisation for major breaches

[Learn more](#)



## Incident Response Readiness Exercise

# Ensure your incident response plan is fit-for-purpose

Without a robust incident response plan, your organisation is vulnerable to prolonged downtime and reputational damage. Our exercise ensures your plan is ready for any cyber threat.



### Baseline assessments

Evaluate the effectiveness and comprehensiveness of your current incident response plan.



### Technical checks

Verify log retention and other technical measures essential for incident analysis.

### Comprehensive reports

Receive detailed reports with actionable recommendations to bolster your incident response capabilities.

**Our simulation exercises and reports are designed to uncover risks, streamline operations, and enhance security across your entire infrastructure.**



Minimise business impact



Proactive threat hunting



Understand the risk exposure



Increase resilience



Assess your overall readiness



Streamline operations



Gain practical insights



Control effectiveness



Continuous improvement





## Tabletop Exercise

# Test and enhance your team's incident response efficiency

Simulated practice under pressure reveals critical gaps in your response strategy, allowing for immediate improvements without the risk of real-world repercussions.



### Engaging 2-hour session

Involve key IT and security stakeholders in a dynamic, simulated scenario.



### Real-world scenarios

Introduce realistic evidence to challenge and assess your response team's effectiveness.



### Process improvement

Identify strengths and weaknesses to refine and improve your incident response process.

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Enhanced preparedness



Expert guidance



Proactive role play



Practice decision-making



Hands-on experience



Improve communication



Identify gaps



Improve team coordination



Plan validation

## Crisis Simulation

# Prepare your entire organisation for major breaches

A major breach can have devastating consequences. Our extensive simulation prepares your entire organisation to handle crises effectively, ensuring quick recovery and minimal impact.



### Comprehensive 3-4 hour exercise

Engage the entire crisis team, including legal, communications, and external partners.



### Organisational recovery

Focus on holistic recovery strategies from a significant breach.



### Regulatory and communication preparedness

Practice interactions with regulators and draft effective communication strategies.

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Identifying weaknesses



Understand threat landscape



Promotes a security culture



Builds confidence



Engaging leadership



Training opportunity



Evaluate tools and tech



Opportunity to refine policies



Stakeholder engagement