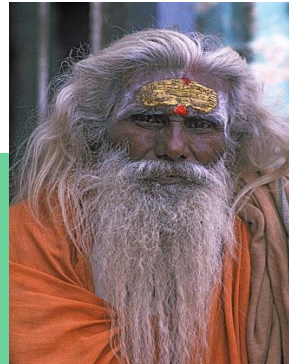
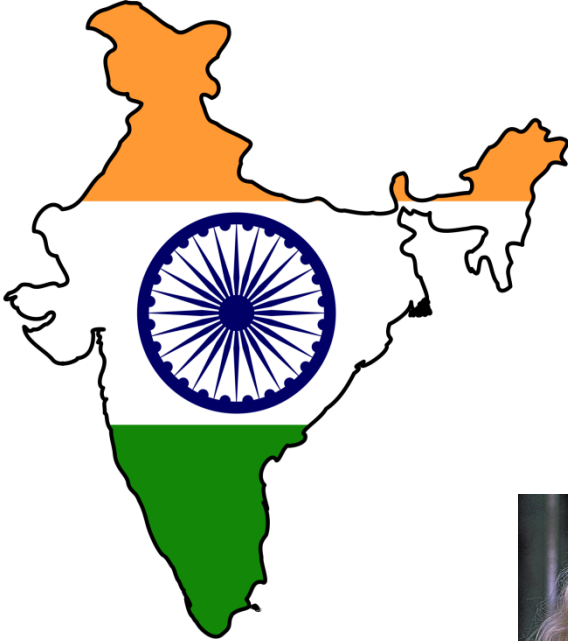


# Healthcare in India

- A Perspective
- The Fortis Story



Harpal Singh

24 October 2013

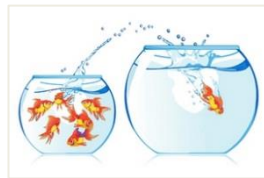
# Presentation Flow



**Indian Healthcare – A Perspective**



Challenges & Opportunities



Some Innovations



The Fortis Healthcare Story



# India - A Nation of Many Dimensions

## A Growing Economic Powerhouse

- World's third largest economy (PPP)
- Largest democracy and 2<sup>nd</sup> highest population
- Third largest standing army force and second largest labor force



## But Facing Several Challenges

- Largest concentration of people below World Bank poverty line (\$1.25/day)
- Ranked 127 in per capita GDP (PPP)
- Ranked 136 in UN Human Development Index

# India - A Nation of Many Dimensions



## Significant growth in last decade

- Vibrant and multi-pronged private sector
- A large and growing middle class – 300 mn
- Largest school going population
- Health receiving national attention
- Growth in high-end tertiary care and new deliver models

## But Socio-Economic Challenges Exist

- 48% of children under 5 malnourished
- Almost one million deaths annually from contaminated water or polluted air
- Accessibility and affordability of healthcare a challenge especially in rural areas



# India - A Nation of Many Dimensions



## Aggressive policy making to improve socio-economic parameters

- Right to Education (RTE) to ensure primary education for all
- Food security (NFSB) through subsidized food grain for two-thirds of pop.
- Right to information (RTI) to ensure transparency in govt. activities

## Unrealized implementation

- Slow reduction in actual poverty ( from 37% in 2004 to 30% in 2010, Tendulkar Committee)
- Limited punishment for non-compliance
- Efficiency adversely effected because if red-tapism and systemic delays
- Delivery system leakages add to cost and delay implementation



# Indian Healthcare - Some Disquieting Facts



**57% of children** under 5 are underweight



**1.72 million children die every year** before turning one



**Only 43.5% young fully immunized**



**20% of world's disease burden** but only 6% beds and 8% doctors

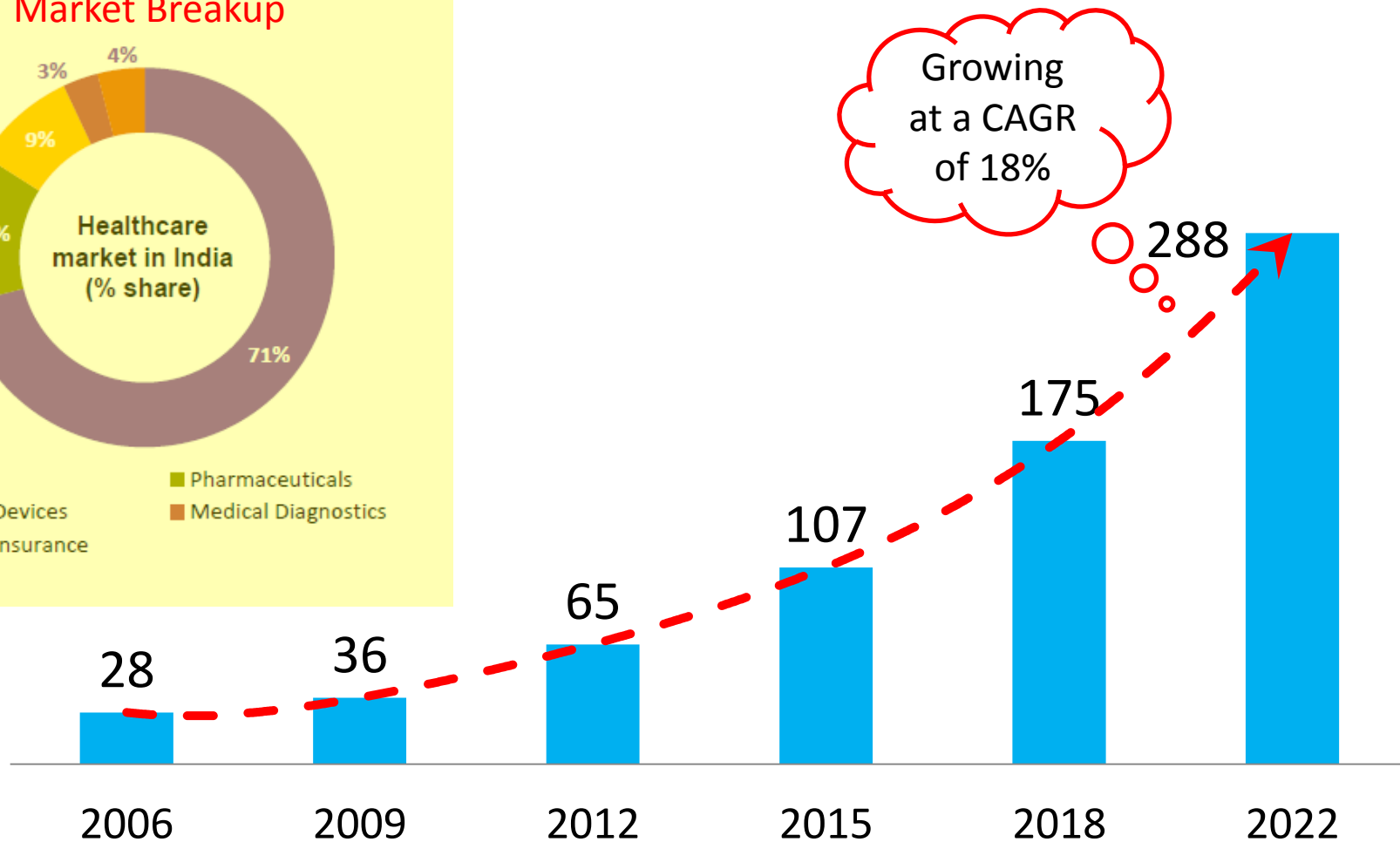
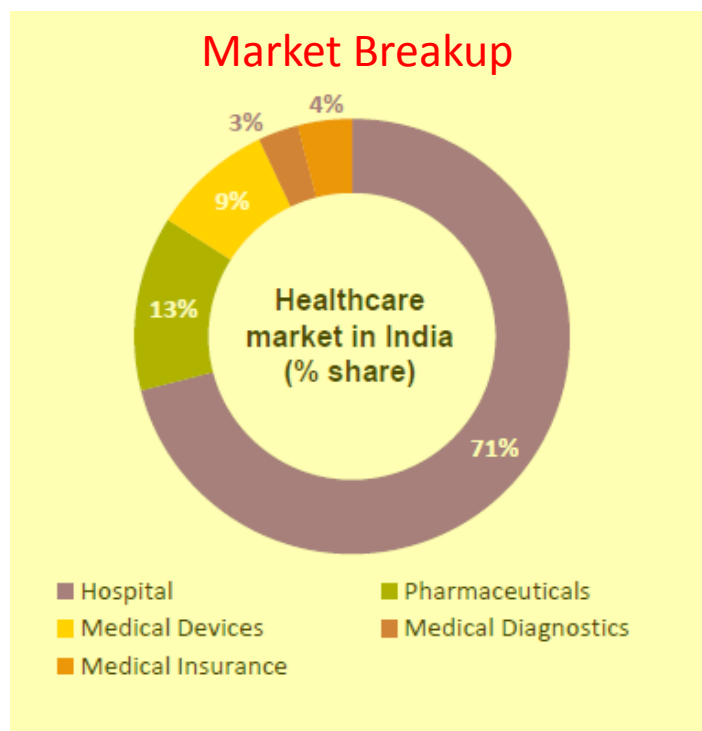


**India adds 16 mn people every year** – more than double the population of Switzerland



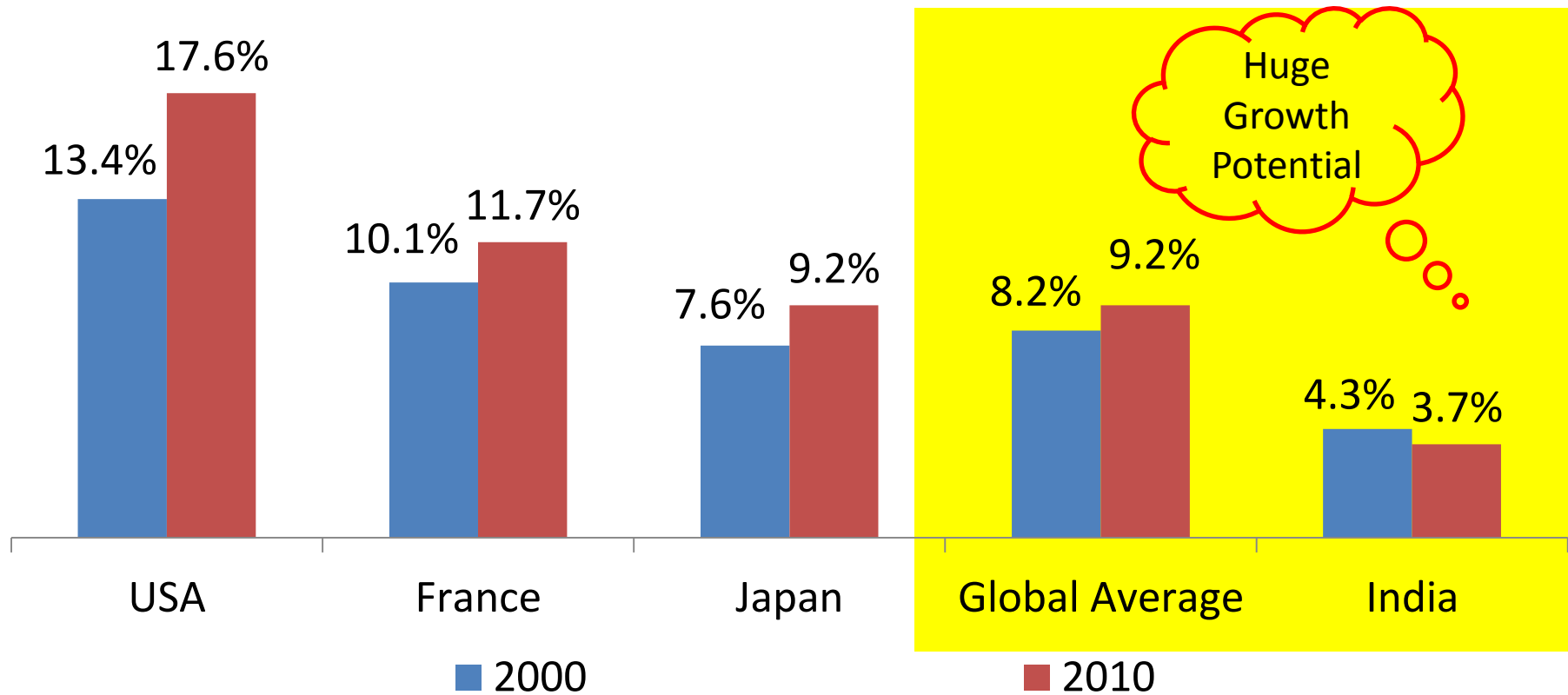
**Only 25 % of population has drinking water on premises**

# Total Healthcare Market Size



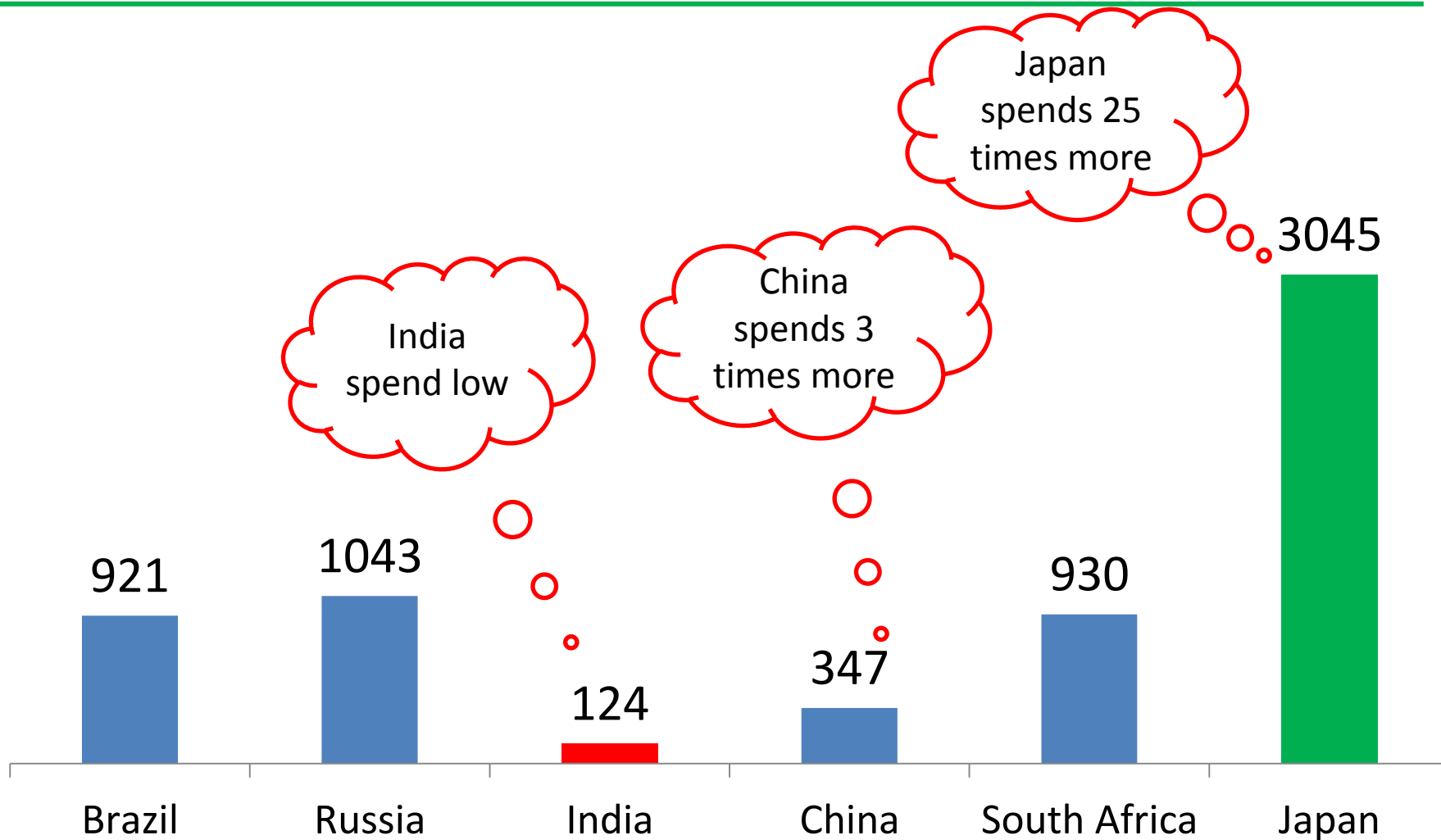
■ Total Healthcare Market Size (\$ Billion)

# Healthcare as % of GDP





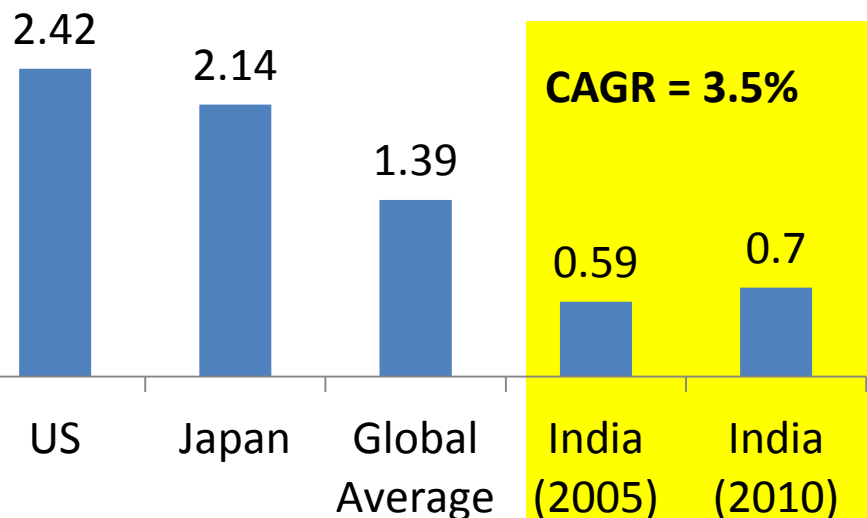
# Expenditure on Healthcare Per Capita (PPP)



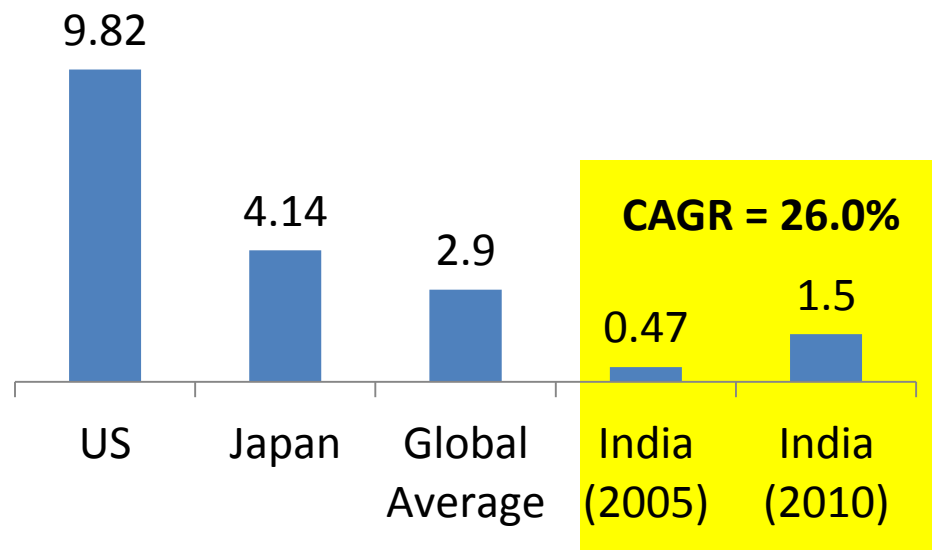
*\*figures in USD*

# Health Infra - Well Below Global Average

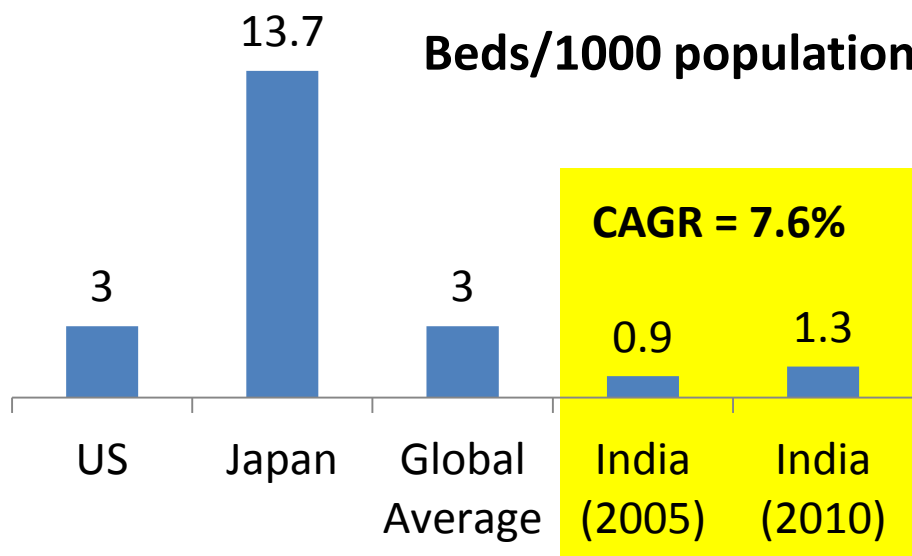
## Physicians/1000 population



## Nurses/1000 population

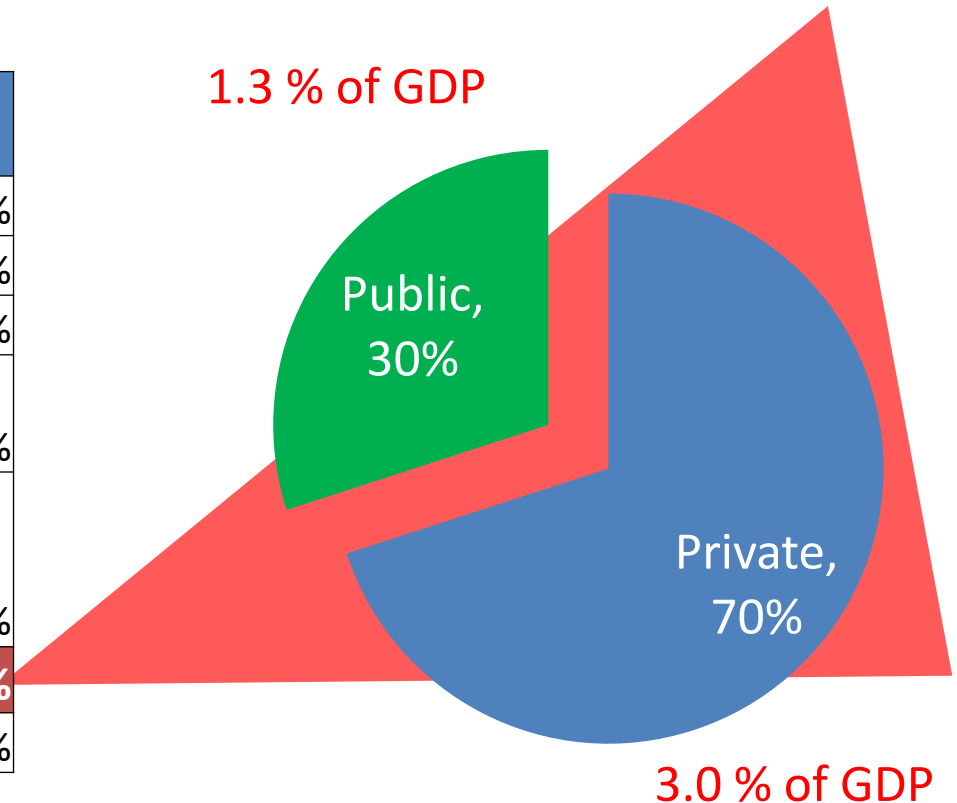


## Beds/1000 population

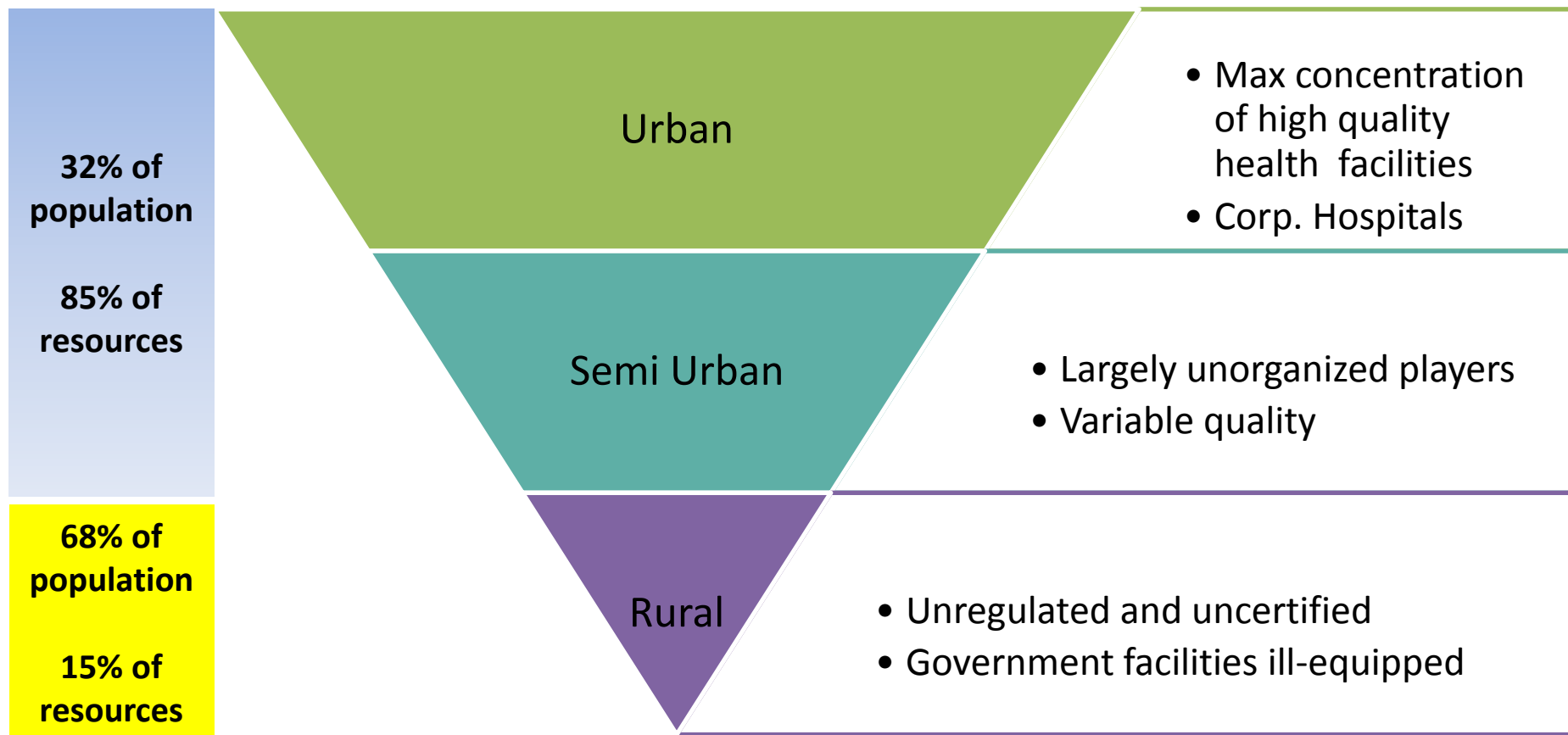


# Private Sector Dominant in Delivery

Region	Health Expenditure as % of GDP
America	14.40%
Europe	9.30%
Africa	6.50%
Western Pacific Region	6.50%
Eastern Mediterranean Region	4.70%
<b>India</b>	<b>4.30%</b>
South East Asia	3.80%



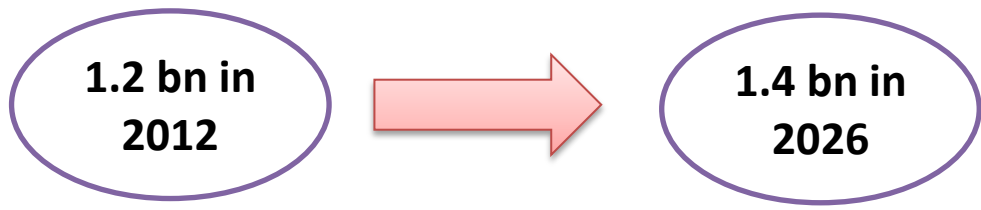
# Delivery - Infrastructure Mismatch



# Key Healthcare Growth Drivers - Demographic

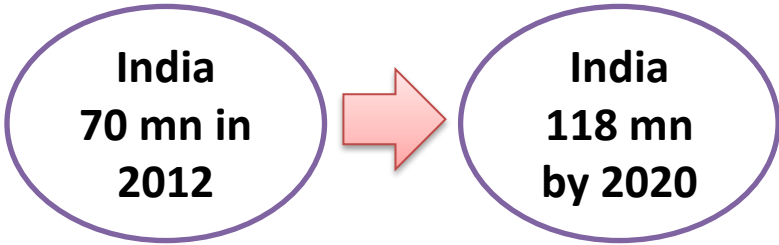


## Population growth

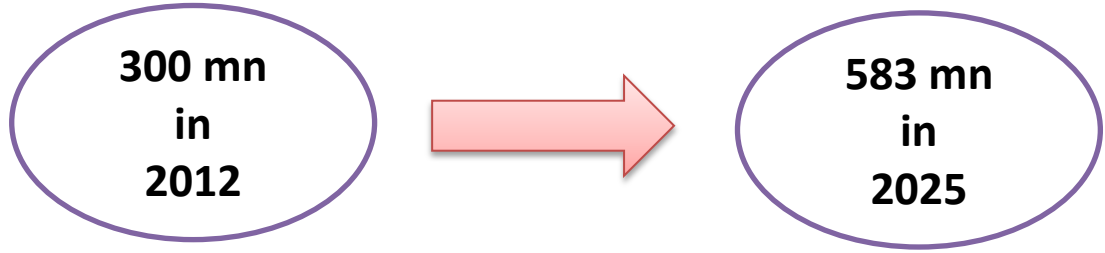


## Geriatric population

**Japan**  
32 mn in 2012



## Growing middle class & disposable incomes



# Key Healthcare Growth Drivers - Economic



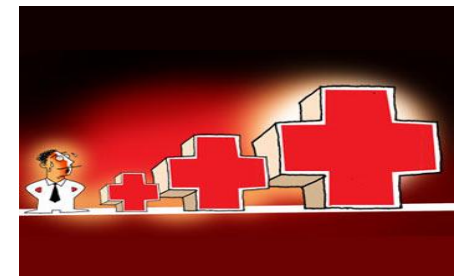
**Rise in disposable income: ten-fold increase in middle class citizens between 2005-2025**

**Increasing insurance penetration: from 16 % now to 50% by 2033**



**100% Foreign Direct Investment permitted in Healthcare**

**Govt. to double healthcare spend from 1.2% to 2.5% of GDP by FY2017**



# Key Healthcare Growth Drivers - Others

## Growing Awareness



Good health a priority

Patients increasing preference for quality

## Lifestyle

Expected increase in lifestyle-related diseases



## New Approaches



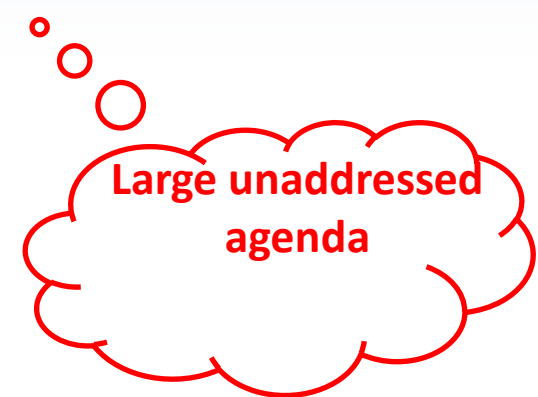
PPP and other initiatives

Innovative business models

Penetration in relatively unexplored semi-urban and rural areas

# Japan vis-à-vis India – A Snapshot

	Japan	India
<b>Economic Criterion</b>	<ul style="list-style-type: none"> <li>9.5% of GDP spend on healthcare</li> <li>2.06 physicians per 1,000 pop.</li> <li>13.7 beds per 1,000 pop.</li> </ul>	<ul style="list-style-type: none"> <li>4.3% of GDP spend on healthcare</li> <li>0.7 physicians per 1,000 pop.</li> <li>1.3 beds per 1,000 pop.</li> </ul>
<b>Demographic Details</b>	<ul style="list-style-type: none"> <li>Infant mortality rate: 2.17/1000 live births</li> <li>Life expectancy: 84.19 yrs</li> <li>Pop. Growth Rate: - 0.1%</li> <li>% of pop. above 65 years: 24.8%</li> </ul>	<ul style="list-style-type: none"> <li>Infant mortality rate: 44.6/1000 live births</li> <li>Life expectancy: 67.5 yrs</li> <li>Pop. Growth Rate: 1.51 %</li> <li>% of pop. above 65 years: 5.7%</li> </ul>



Large unaddressed agenda

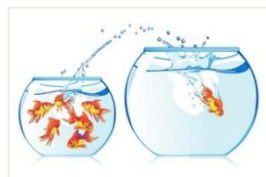




Indian Healthcare – A Perspective



**Challenges & Opportunities**



Some Innovations



The Fortis Healthcare Story



# Health Challenges & Emerging Solutions

## Access



- 70% of population access 15% resources
- 46% patients travel over 100 kms for care
- Only 50% beds functional and relevant
- Poor primary care

## Affordability



- 16% of population have health insurance
- ~65% expenditure on healthcare out of pocket
- Healthcare major cause of debt amongst poor

## Quality



- Low focus on quality/accreditation
- Inadequate monitoring
- Limited good quality educational institutions

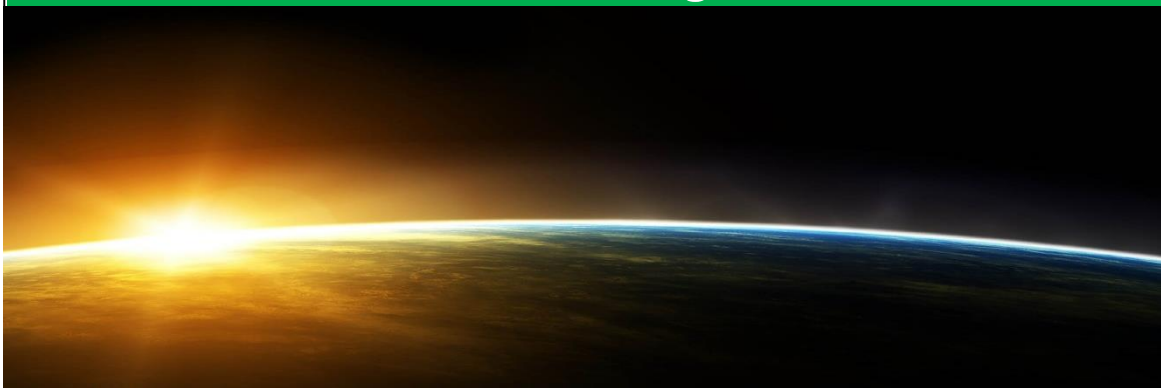
# Health Challenges & Emerging Solutions

## Dual Burden & Rising Expectations



- 62% of all deaths attributed to NCDs
- Communicable diseases
- Rising expectations
- Awareness fuelling demand for better quality

## Silver Linings



- Universal Health Care Scheme
- National Rural Health Mission
- Urban Health Mission
- National Health Insurance Program (RSBY)
- Growing use of technology
- Expanding infrastructure - large government and private investment

# Opportunities - Private Care Preferred by Patients



Better infrastructure



More responsive



Better Quality



Corporate hospitals providing world class care



## Concerns:

- Higher cost hence more expensive
- Over charging – more procedures
- Available only to a small, well-to-do, patient base

Private care includes Hospitals, Clinics and Nursing Homes

# Opportunities Across the Value Chain

## Different Delivery Models



Hospital chains



Eye



Dialysis  
Single specialty



Dental



Public private partnership

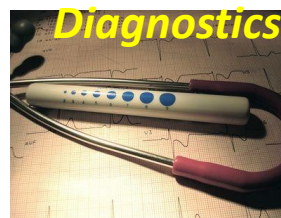
## Use of Technology



Electronic health records



Devices



Diagnostics

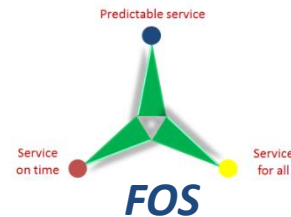
## Process Upgrade

Improving quality

Improving productivity

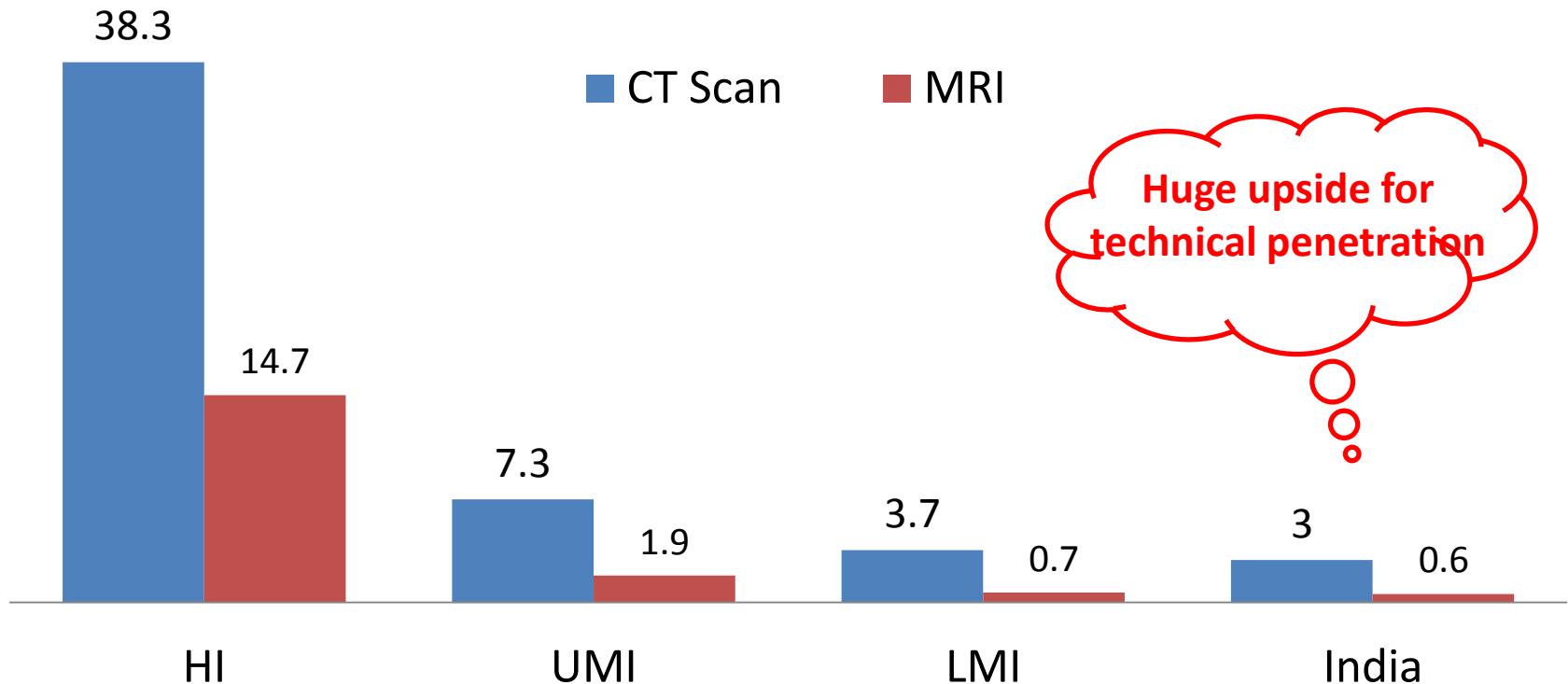
Improving efficiency

Improving patient responsiveness



# Opportunities - Low Penetration of Medical Technology

No. of CT & MRI Scans per 1 million of population



HI: High Income | UMI: Upper Middle Income | LMI: Lower Middle Income

# Opportunities - Medical Tourism - Medical Value Travel (MVT)

## India a good destination for both

### Medical Tourism

- For well being & Cosmetic procedures
- Traditional medical practices a big draw – yoga, ayurveda, allopathy, meditation, etc.



### Medical Value Travel (MVT)

- People Travel to obtain value for medical reasons
- Led by quality, cost, competence, waiting period and responsiveness
- Price of heart Surgery in India ~\$2500 against ~\$100,000 in US
- Corporate hospitals driven

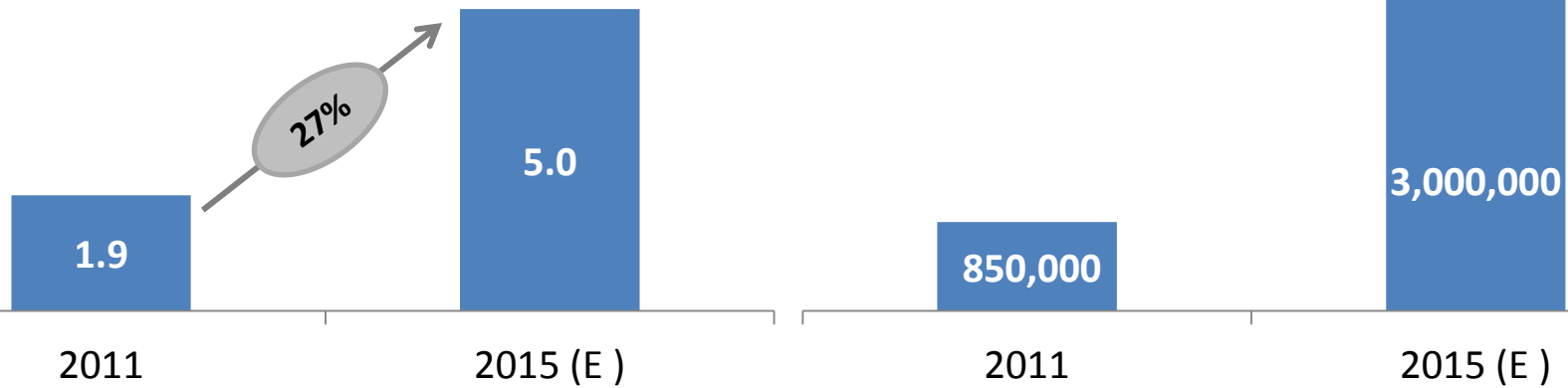


# Medical Tourism/Value Travel - Rapidly Expanding Market



Market Size (in \$ bn)

No. of Medical Travelers



Country \ Procedures	United States	India	Thailand	Singapore	Malaysia	Panama	South Korea	Taiwan
Coronary artery bypass surgery	\$70,000-133,000	\$7,000	\$22,000	\$16,300	\$12,000	\$10,500	\$31,750	\$27,500
Bypass surgery with heart valve replacement	\$75,000-140,000	\$9,500	\$25,000	\$22,000	\$13,400	\$13,500	\$42,000	\$30,000
Hip / Knee replacement	\$33,000-57,000	\$7,200	\$12,700	\$12,000	\$7,500	\$5,500	\$10,600	\$8,800



# Medical Travel – Things India Needs To Do



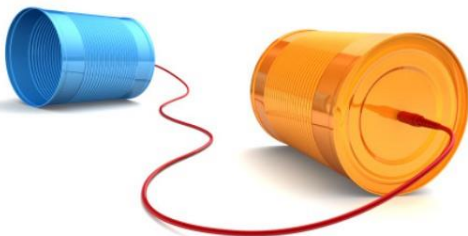
**Build Infrastructure** – both medical and otherwise



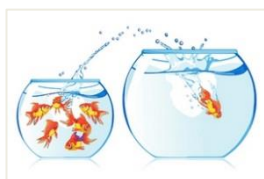
Break the **language barrier**



Make **medical visa** processing faster and easier



**Communicate** capabilities and opportunities globally



Indian Healthcare – A Perspective

Challenges & Opportunities

**Some Innovations**

The Fortis Healthcare Story



# Innovation – Technology Driven



**Transparency in  
Hospital Operations**



**Analytics & Efficiency**

- Process
- Devices



**Scale & Reach**

- Website/Mobile Applications for e-Records
- mHealth
- Telemedicine
- Wearable Devices

**Rapidly changing the bedrock of Healthcare in the country**

# Process Innovation

## Aravind Eye Care



- Founded in 1976 by Dr. Govindappa Venkataswamy
- 32 mn patients in 36 years
- 4 mn eye surgeries
- Integrated systems. For e.g. 2000 surgeries per surgeon per year - global average of 500
- Accredited to offer diplomas hence assuring continued quality

**Model of Efficiency**

# Process & Cost Innovation

## Narayana Hrudalaya

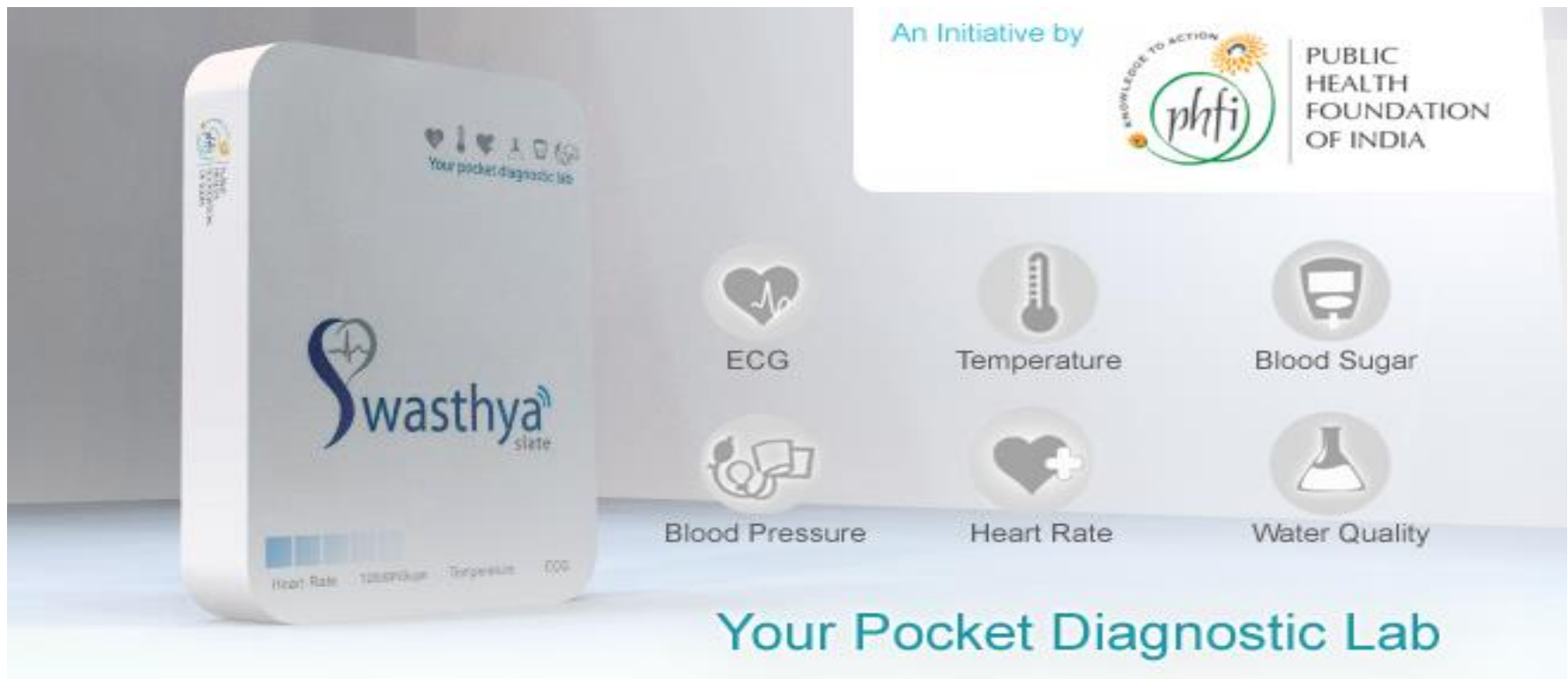


- Founded in 2000 by Dr. Devi Shetty
- Over 15,000 - patients from over 25 countries
- Focus on volumes:
  - 19 OHS & 25 catheterization procedures daily, almost 8 times the average
  - 500 blood tests on a machine every day
- Basic open heart surgery at < \$1750
- “Never turn away a patient for lack of funds”

**High quality and volume at  
affordable prices**

# Devices

**Swasthya Tablet (PHFI)** – 98% job done at 5-10% cost



**Addressing Cost & Reach**

# Devices

## Low Cost Incubators for Infants



- Innovated by Dr. Sathya Jeganathan, it regulates the body temperature of infants
- Cost reduced from \$2000 to \$250

## Tata Swach for Clean Water



- Developed by Tata Research Development and Design Centre (TRDDC)
- 3000 lts of safe drinking water in one cycle for \$20 by killing 80% of bacteria
- Deployed in thousands post the 2004 Tsunami as part of relief activities

# Future of Healthcare in India

## India (**can be**) Like Japan



Intellectual firepower to improvise & master technology to make global products. Many research centres now in India, e.g. - GE, J&J, etc.



Receptive to technology. Eg. Mobile Phones (900 mn)



Huge numbers - opportunities of scale with attendant benefits. E.g.: Aadhar scheme

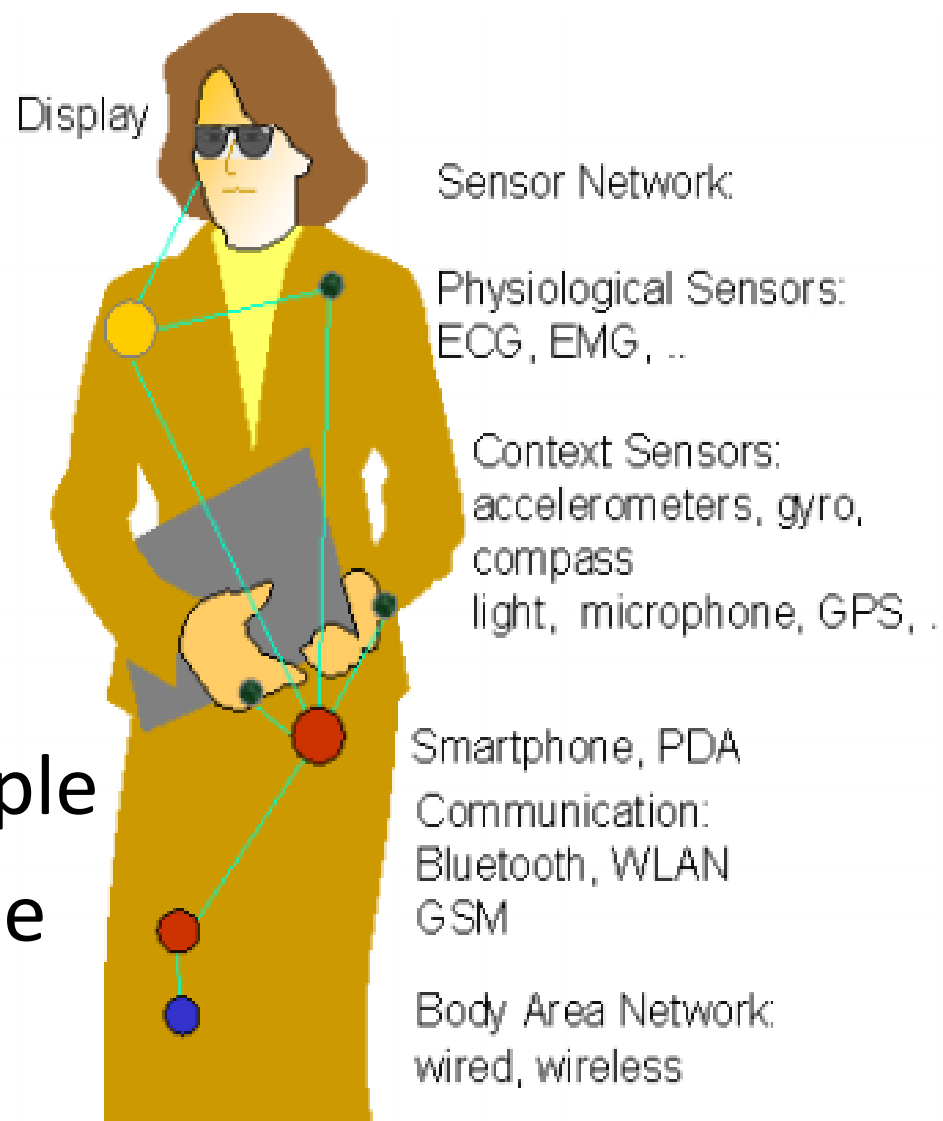


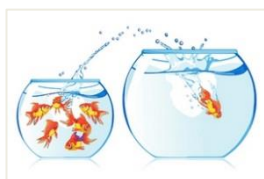
# Future of Healthcare in India

- Mobile based
- Aadhar based

Applications for:

- Electronic Health Records of 1+ bn people
- mHealth/Telemedicine
- Wearable Devices





Indian Healthcare – A Perspective

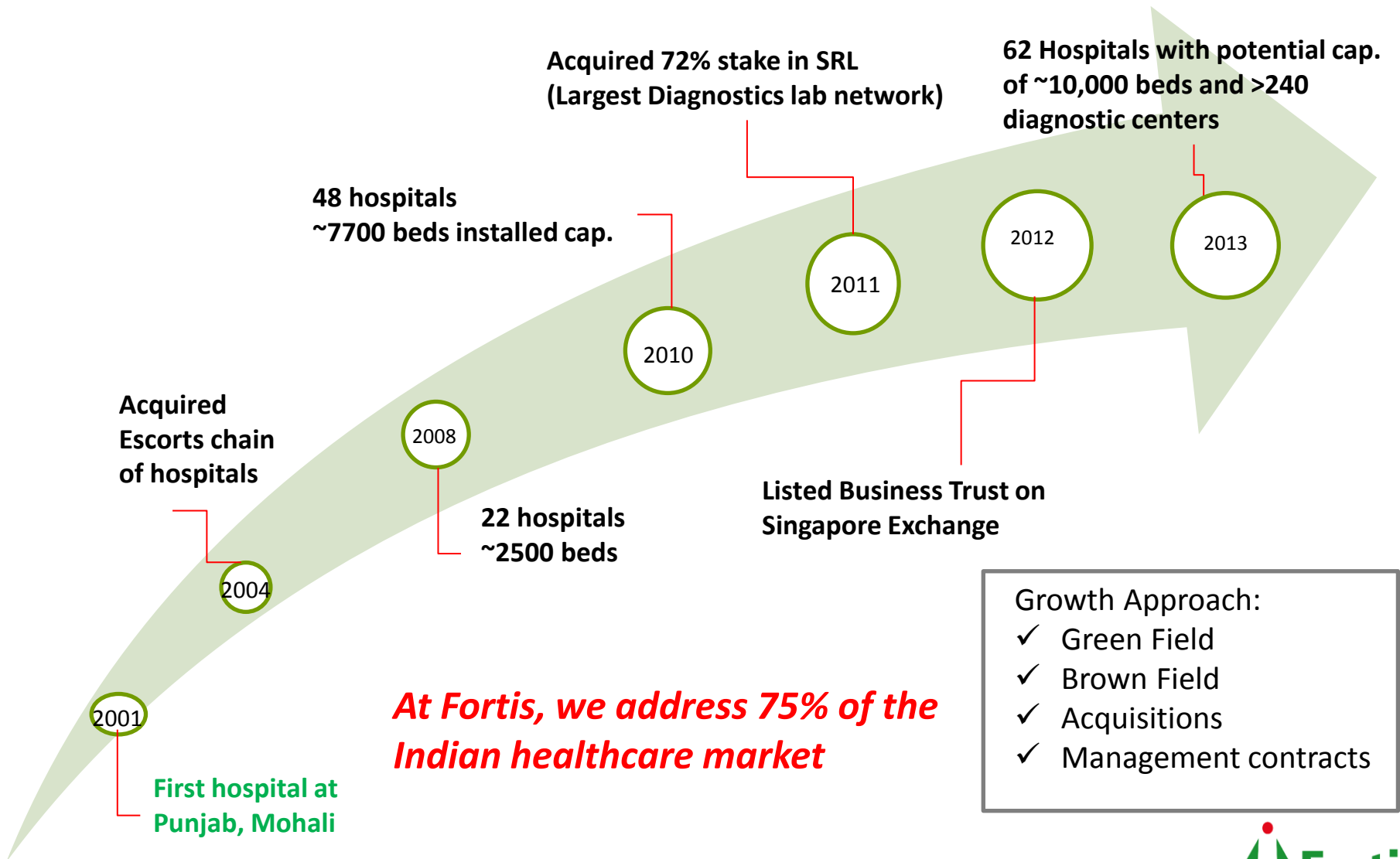
Challenges & Opportunities

Some Innovations

**The Fortis Healthcare Story**



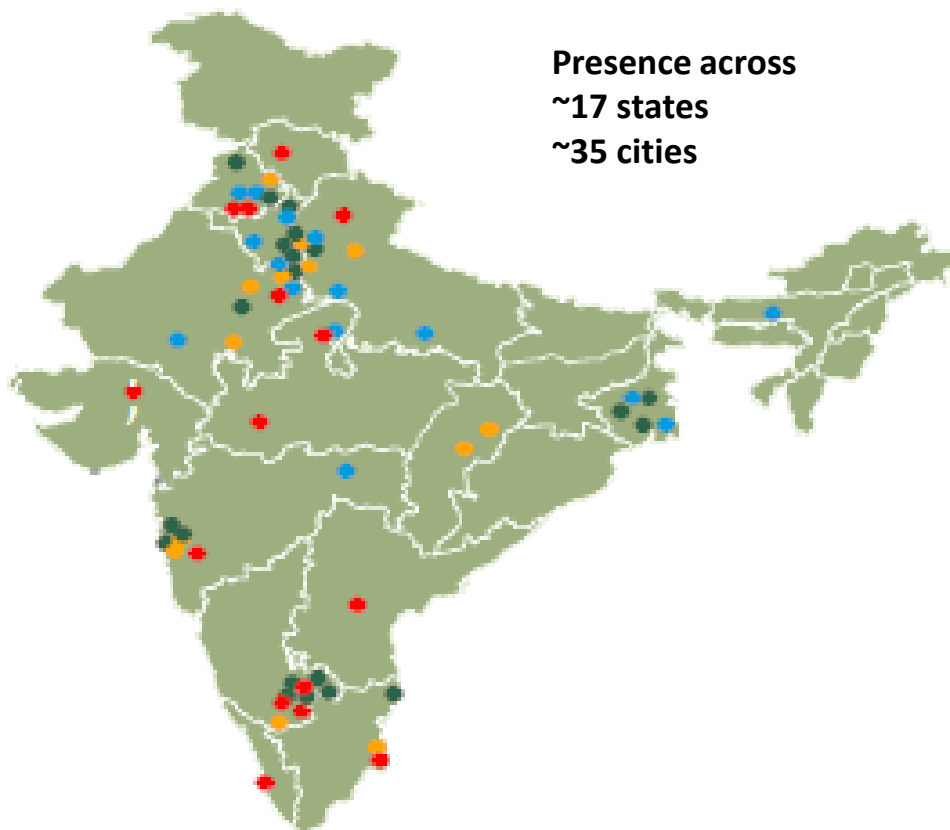
# Fortis - Growth



# The Fortis Footprint

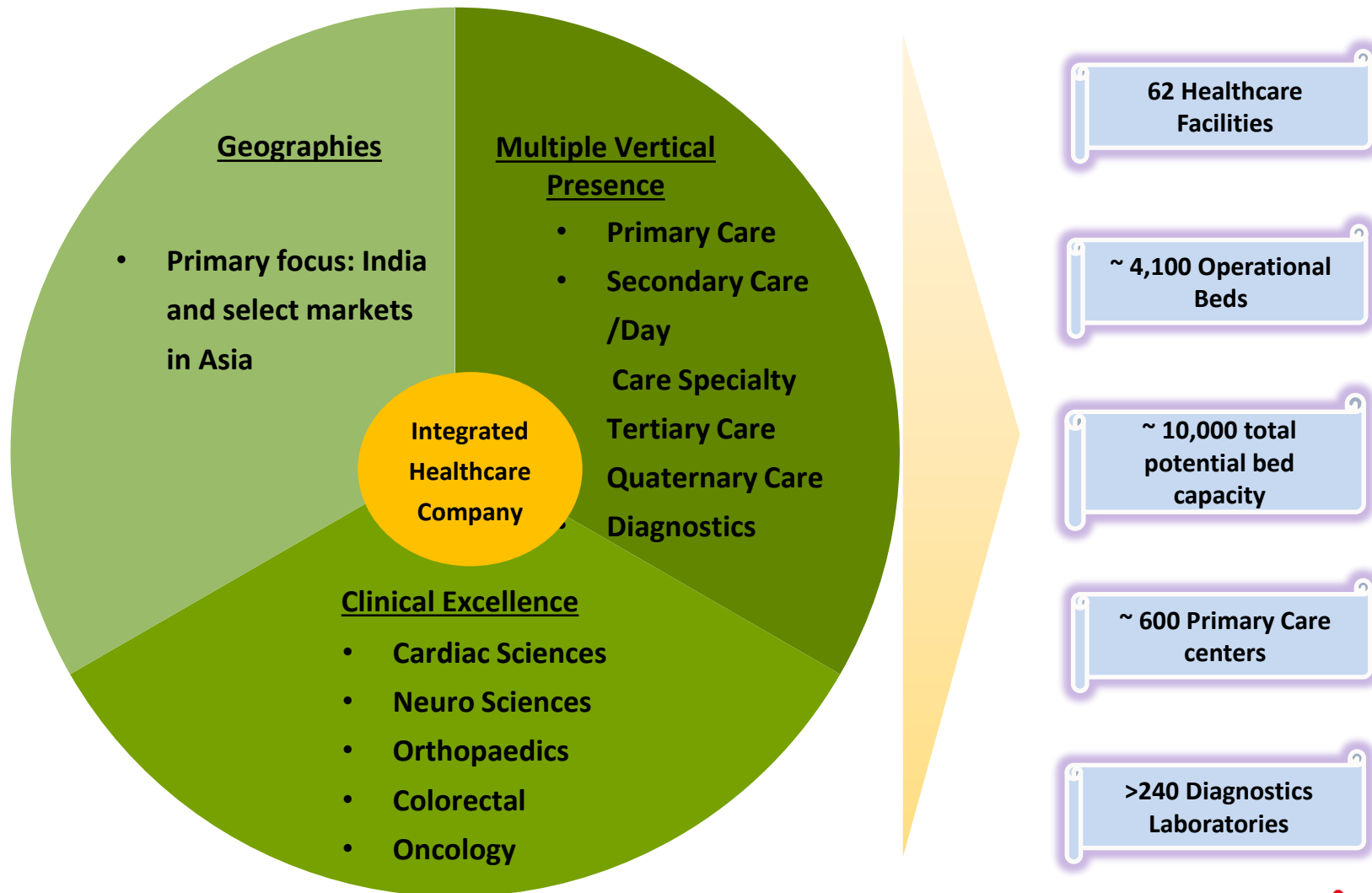
## Hospital Business

## Diagnostic Business

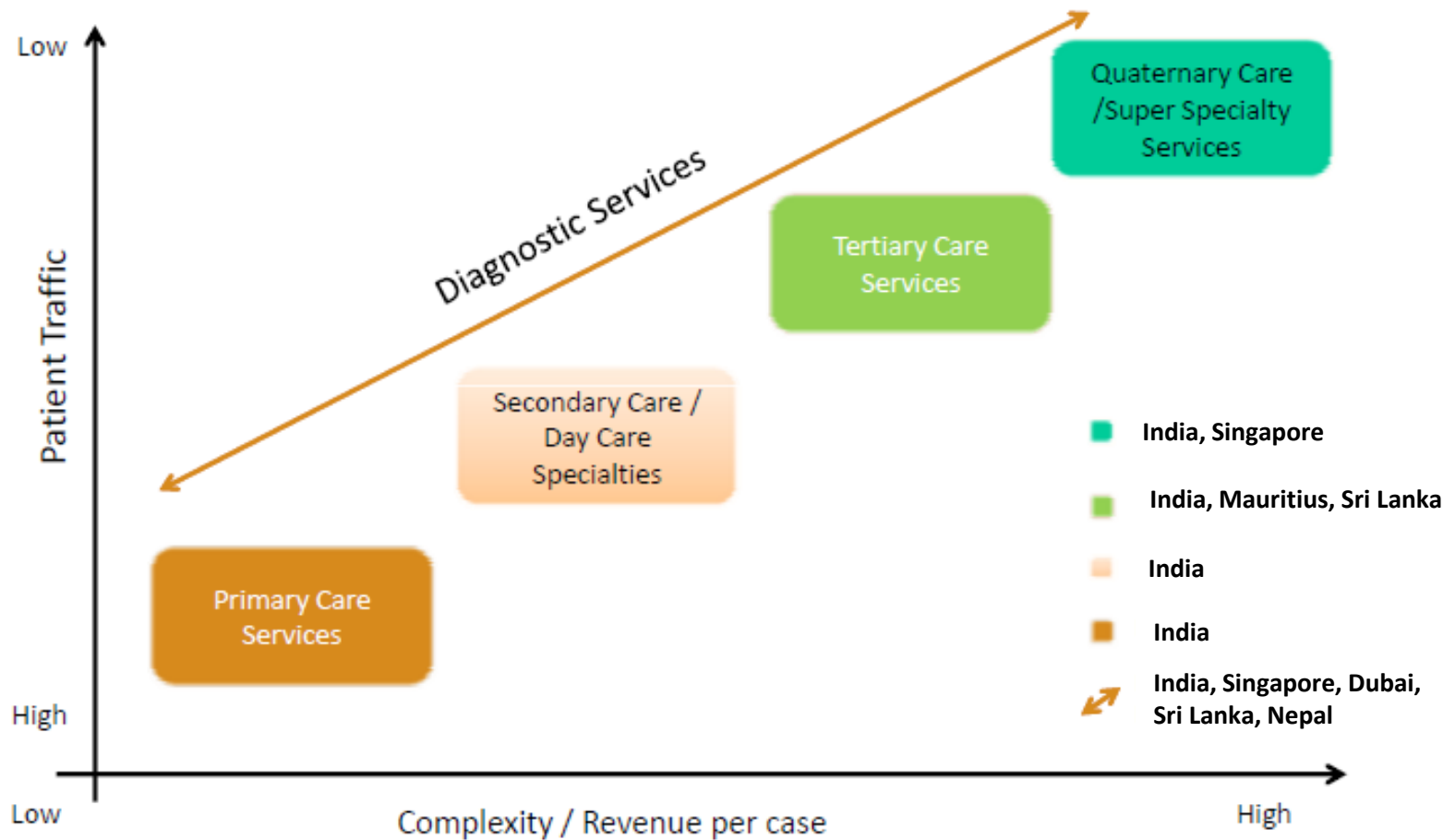


	India	International	Total
Reference Labs	6	2	8
Pathology & Radiology Labs	228	-	228
Wellness Centres	21	-	21
Collection Centres	1231	37	1268

# The Fortis Business Model



# Presence Across the Delivery Value Chain



# Snapshot: The Fortis Advantage

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**Experience across the value chain**



**Unrivalled footprint across India & Asia**

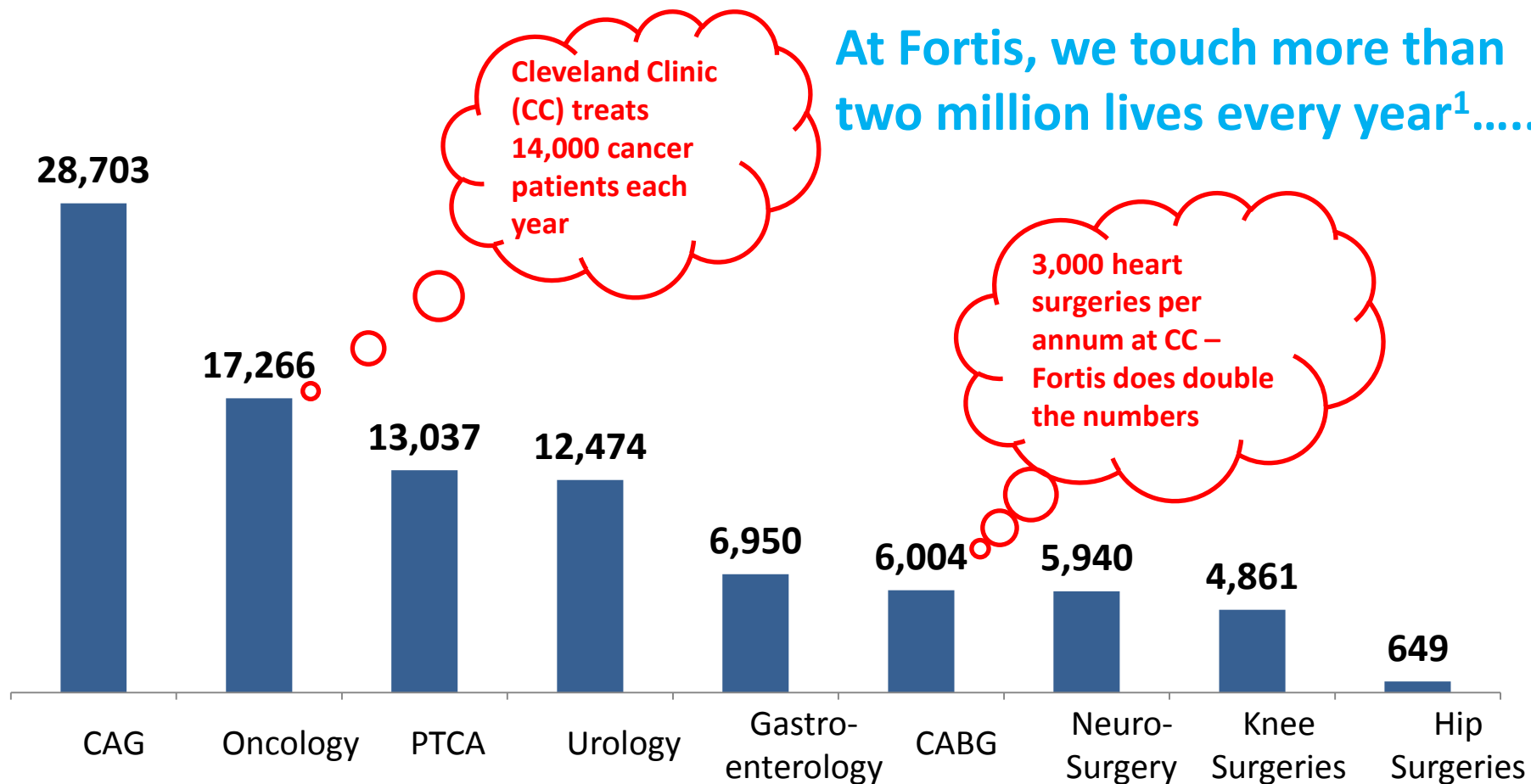


**Standardization across locations**



**World class facilities with full time doctors instead of consultants**

# Annual Procedures Volume Done at Fortis



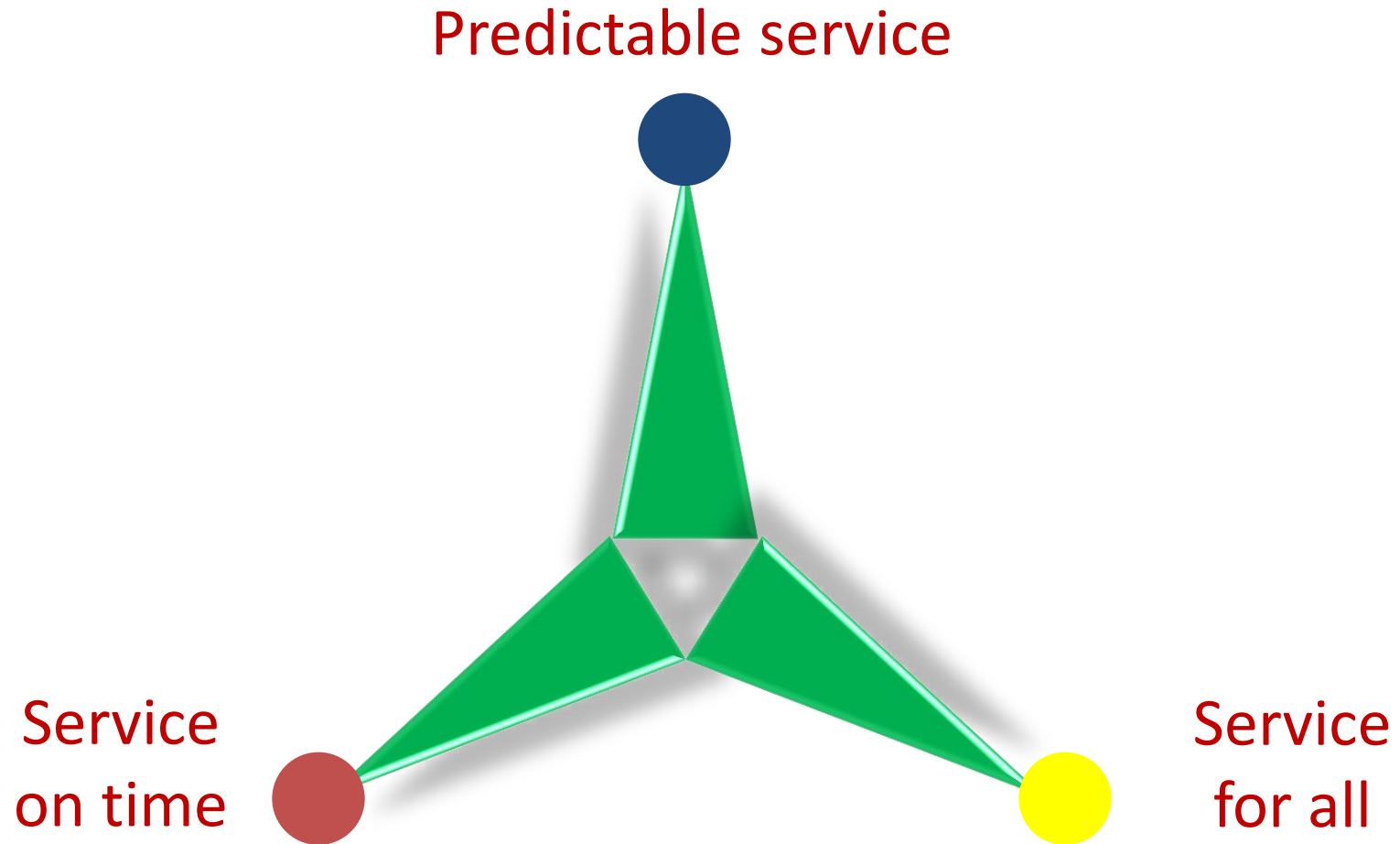
**Procedure Volumes FY 2012-13<sup>2</sup>**

1. Includes number of patients including IPD & OPD

2. Source : Fortis Network Procedure Volume Data



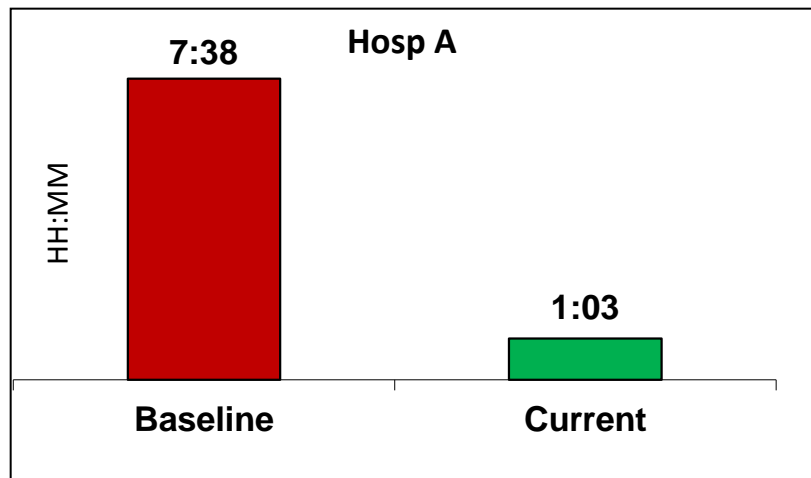
# Fortis Operating System (FOS)



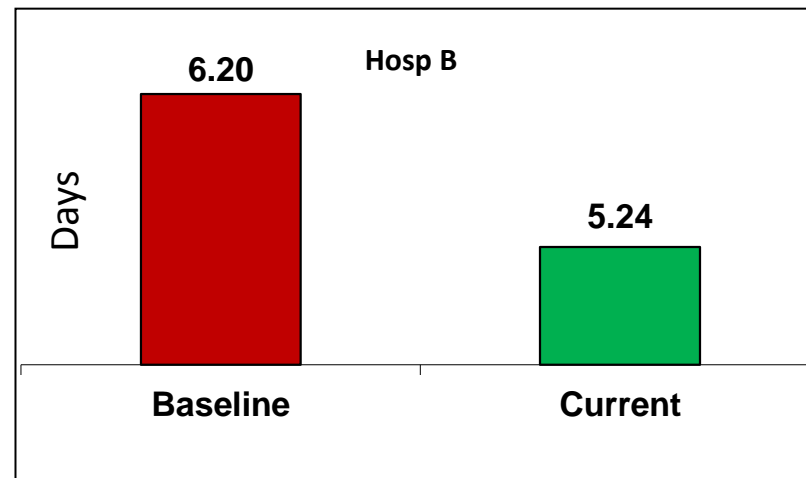
“Beyond satisfaction – an endeavor towards Patient *Delight*”

# FOS – Efficiency Impact

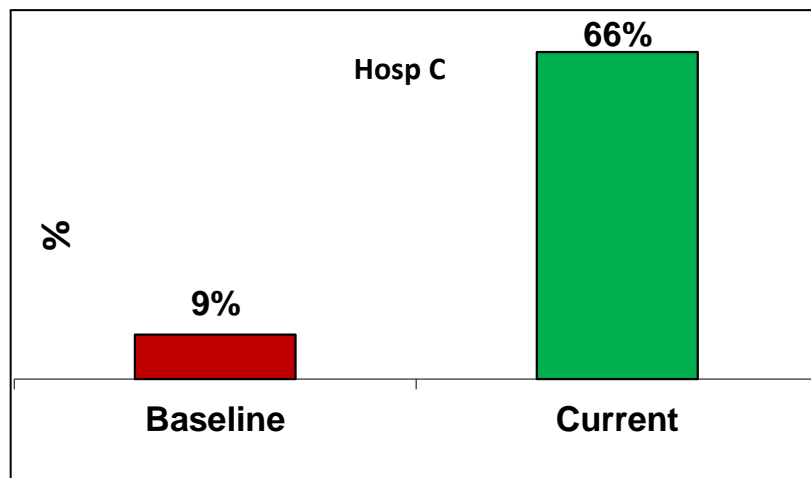
**Lab: Turn around Time for results\***



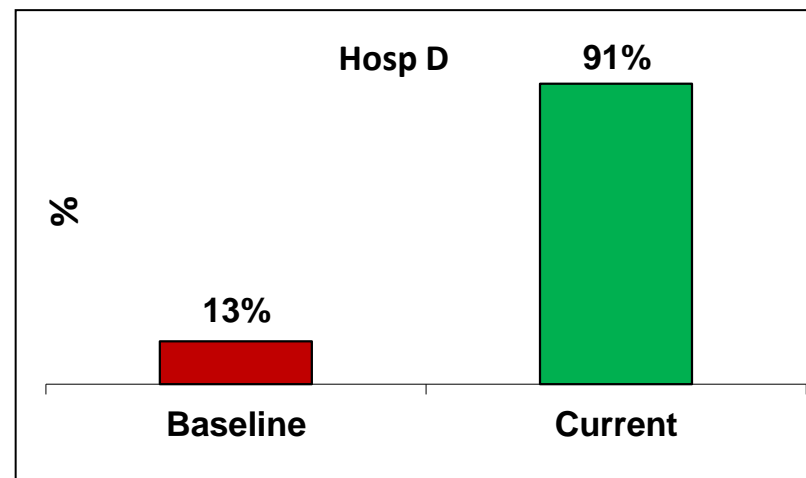
**ALOS**



**% Discharges before 11:00 AM**



**Radiology: % of USG reports within 15 min\*\***



\*All machine based test – CHEM; HEM; COAG;SER; UA – this is around 78% of the total test done in a Lab

\*\*Time taken after the investigation is complete (OPD patients)

# Innovation at Fortis - Focus



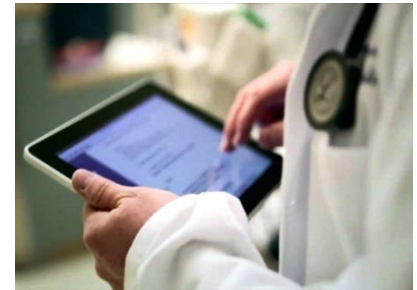
Making optimal use  
of high investment  
resources



Technological  
integration and  
embracing  
innovation



**Providing world class  
delivery entailing  
finest skill and  
compassionate care**  
to a large populace



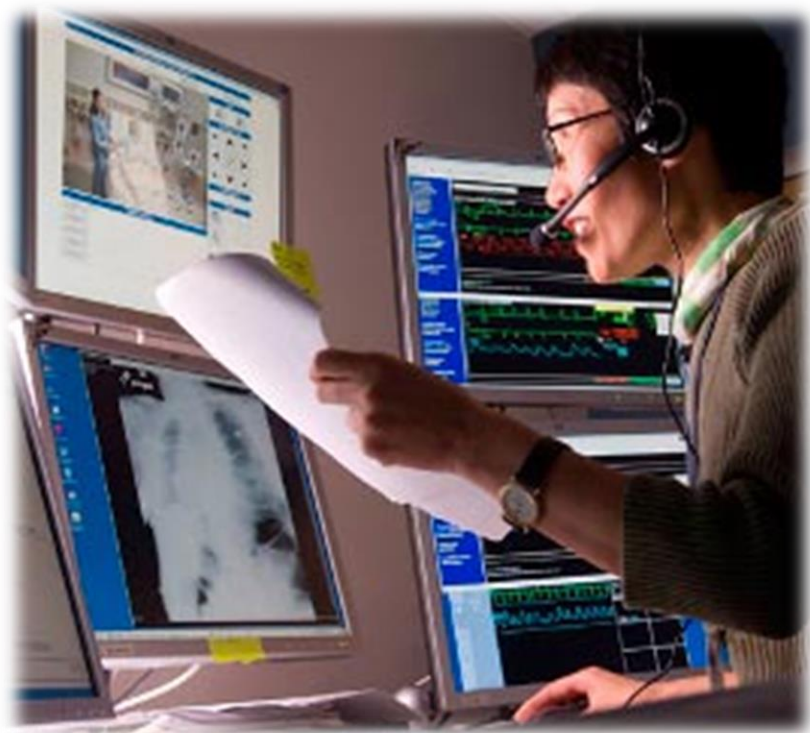
Maximizing  
doctor  
productivity



Standardization of  
clinical protocol

# Fortis Medical Innovations

## CritiNext



- 24x7 critical care support & vital parameter monitoring across hospitals
- ICU beds across 5 cities connected
- > 30 lives saved
- 25,000 Critical Care consultations done so far
- 1,50,000 Smart Alerts sent
- 250 nurses & 30 doctors trained in new EMR system

**A new edge to Indian critical care services**

# Fortis Medical Innovations

## ICIP



- 105 beds, across 7 ICUs, first of its kind in India
- All vital parameters available real time online on different modalities
- Patient's condition can be monitored remotely:
  - On the PC in office
  - On a wireless tablet during rounds
  - On the patient monitor at the bedside
  - On a home computer

**Model of Technical Intergration**

# FMRI Gurgaon: A Next Generation Hospital

## A Slew of “Firsts”

- Alternative therapies
- Wellness, Yoga
- Art therapy
- Spa, Gym, Pool
- Fortiplex: movie theater
- Food court & cafes
- International Check-in counter
- Potential bed capacity 1000

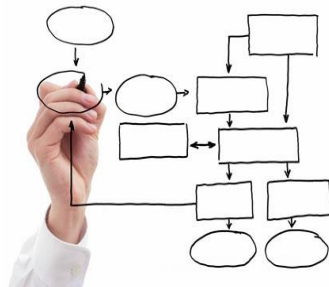


# Fortis - Areas for Potential Association



## Technology & Equipment Provision

Allowing Fortis to keep ahead of the curve



## Process Innovations

Helping Fortis increase efficiency and customer satisfaction

## Services

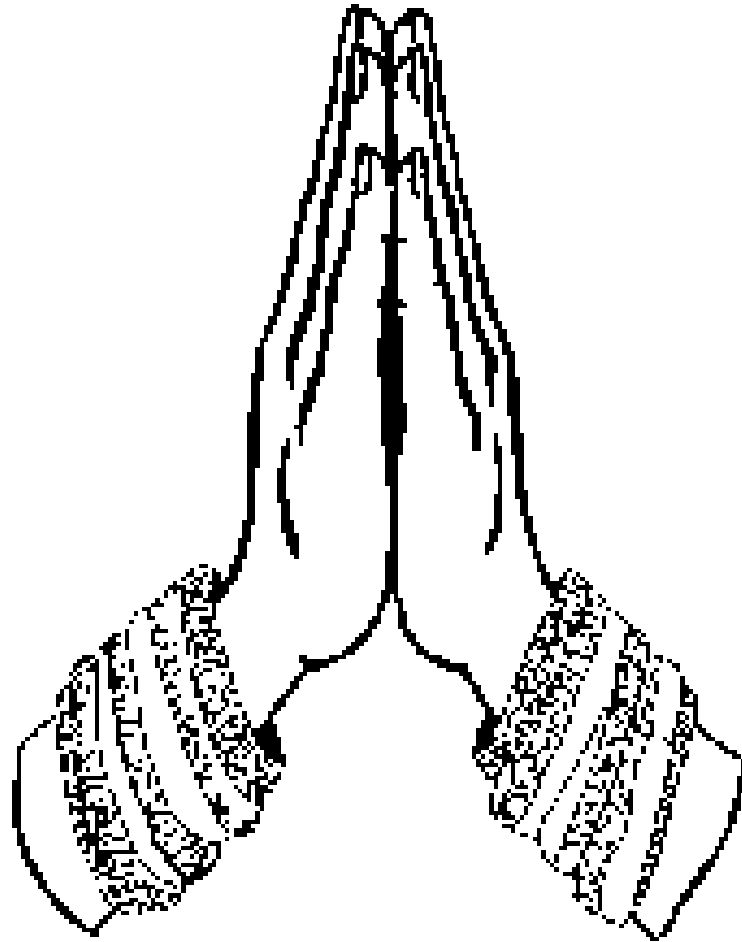
E.g.: Nighthawk in imaging services



## Medical Value Travel/Medical Tourism

One stop destination with world class facilities





Namaste!

Thank You!